



THE FLEECE

BREAKFAST MENU

BREAKFAST

One of the team will be along to take your order for any of the items below

DRINKS

Freshly brewed tea or cafetiere of coffee
orange juice, cranberry juice or apple juice

TO BEGIN

Selection of cereals Cornflakes, Bran Flakes,
Weetabix, Rice Krispies, Fruit and Fibre
semi-skimmed milk or milk alternative

Creamy porridge 522kcal
with your choice of cinnamon and brown sugar
or honey

Thick and creamy fruit yoghurt pot
please ask for today's flavours

Freshly baked croissant 337kcal
jam

Fresh fruit salad 60kcal

Toast for the table 419kcal
white or granary bread.

Yoghurt and granola 335kcal
fruit compote

Please ask for jam, marmalade, honey,
Marmite or Nutella

COOKED BREAKFAST

The full grill 845kcal
poached, fried or scrambled free range eggs, grilled back bacon, pork sausage,
hash brown, baked beans, grilled tomato, field mushroom
Please ask if you'd like grilled local black pudding with your grill

The vegetarian grill 588kcal
poached, fried or scrambled free range eggs, vegetarian sausage,
hash brown, baked beans, grilled tomato, field mushroom

Oak smoked salmon and scrambled egg 490kcal
toasted English muffin

Eggs Benedict 576kcal
English muffin, poached eggs, ham, Hollandaise sauce

Eggs Florentine 553kcal
English muffin, poached eggs, buttered spinach, Hollandaise sauce

Scrambled or poached free range eggs 288kcal
white or granary toast
